



SERVING ALL OF NORTHWEST GEORGIA
 106 Yellow Jacket Drive - Calhoun, GA 30701
 706.602.6817 / www.calhounaquaticcenter.com



CAC Red Cross Lifeguard Training

Instructor: Joey Powers

Initial Certification Cost: \$215 (initial payment)
 \$35 (Red Cross payment)

Recertification Cost: \$115 (initial payment)
 \$35 (Red Cross payment)

*Recertification: Online Course/Sunday Feb. 26 class only

Course Dates/Hours

February 23; 5:00 -9:00pm

February 25; 9:00 – 5:00pm

February 26; 10:00 – 5:00pm

Registration: Pre-registration is required online at www.calhounaquaticcenter.com or at the CAC office

Class size: Maximum 20 participants

Requirements:

1. Be at least 15 years of age by the last day of the course attended
2. Attend all training sessions
3. Perform all required skills with 100% accuracy
4. Pass a written test with a score of at least 80%

Location: Calhoun Aquatic Center, 106 Yellow Jacket Drive

For more information please contact 706-602-6817 or visit www.calhounaquaticcenter.com
 Register & Pay online at www.mypaymentsplus.com

Participant's Name	Participant's Age	Date of Birth	Primary Phone
Parent(s) Name	Parent(s) Phone	Street Address	City / State / Zip Code
Email Address	Course Registration (Please Circle)		
	Initial	Recertification	
<p>I /we agree to indemnify, defend and save harmless The Calhoun City Schools, its elected and appointed officials, officers, employees, agents and volunteers (to include all employees, agents and volunteers of the Calhoun City School System and Calhoun Aquatic Center from any and all claims arising from my/our child's participation in any sports activity and related activity conducted under the control of the Calhoun City Schools Community Education Department. Such indemnification shall include, but not be limited to, liability settlements, damage awards, costs and attorney's fees associated with any such claim. Unless the session is cancelled, no refunds will be offered.</p> <p>I have read or have had read to me the foregoing in its entirety and by placing my signature below do declare that I understand that any cost or injury resulting from participation is my responsibility.</p>			
Parent/Guardian Signature:			Date:

For Office Use Only: Employee Initials _____ Date Pd _____ Amount \$ _____

Check # _____ Cash \$ _____ Online _____ Credit Card _____



February 2017: Lifeguarding Blended Learning Course Syllabus

Course Location: CAC

Course Dates and Times:

Thursday 2-23-17	Saturday 2-25-17	Sunday 2-26-17
5:00-9:00PM	12:00-6:00	10:00-5:00

Note: Prior to the first on-site skill session, be sure to **Read Chapters 1-9 complete lessons 1-9**. Throughout the course, online lessons should be completed by the date indicated in the chart. As you complete the online lessons, please print a progress report from the Main Menu page of the online course. Bring a progress report to each on-site skills session to verify completion of the online lessons.

Digital lifeguard textbook link: Choose the FLIP-BOOK

http://www.instructorscorner.org/media/resources//lg_part_manual_landing.html

Date	Session	Online Lessons Covered	Next Assignment
2-23-17 Pool	1	Introduction Lesson 1: The Professional Lifeguard Lesson 2: Facility Safety and Patron Surveillance Lesson 3: Injury Prevention Lesson 4: Water Rescue Skills	<ul style="list-style-type: none"> ■ Read Chapters 7 and 11 ■ Complete Lesson 6, 7, and 8
2-25-17 Pool & Classroom	2	Lesson 5: Before Providing Care and Victim Assessment Lesson 6: Breathing Emergencies Lesson 7: Cardiac Emergencies and Using an Automated External Defibrillator Lesson 8: First Aid Water Rescue Skills (Continued)	<ul style="list-style-type: none"> ■ Review for the CPR/AED for the Professional Rescuer and First Aid Skills
2-26-17 Pool & Classroom	3	Lesson 9: Head, Neck and Spinal Injuries in the Water Lesson 10: Final Written Exam and Final In-Water Skill Scenarios (includes confirmation of participants' completion of online CPR/AED for the Professional Rescuer and First Aid exam)	<ul style="list-style-type: none"> ■ Review Lessons 1 - 9 ■ Allow two weeks for cards to be Printed and Delivered